



YOUTH Fitness LAND Classes

Summer 2 | July 19 - August 21, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Summer Dance Camp: Royalty Ages 4-7 Coach Michelle Cowles Gym / Baer Room Monday-Friday, July 19-July 23 8:00 am-noon Cost \$125.00 for the week</p>			<p>Call 920-432-5581 to register for classes.</p>
		<p>Summer Dance Camp: Disney Ages 5-9 Coach Michelle Cowles Gym / Baer Room Monday-Friday, July 26-July 30 8:00 am-noon Cost \$125.00 for the week</p>			
		<p>Summer Dance Camp: Disney's Descendants Ages 5-9 Coach Michelle Cowles Gym / Baer Room Monday-Friday, August 2-August 6 8:00 am-noon Cost \$125.00 for the week</p>			
<p>5:30-6:20 pm TAE KWON DO Ages 6+ Cathy H. Mondays 7/19-8/16 Laird Room</p>					

- Masks required, ages 5 and up, in all public areas of the building except while in the pool.
- Each regular class is offered one time per week.
- To minimize distractions, observation of classes by parents and guests is not permitted.
- No make-up classes, credit, or refunds are given if a class is cancelled due to COVID-19, inclement weather, or if a child misses class.
- While we make every effort to schedule the same instructor each week, we reserve the right to substitute instructors as needed.
- Families who receive free or reduced school meals are eligible for a scholarship rate on any Youth Land Class (excluding specialty classes/camps).



YWCA IS ON A MISSION

YOUTH Fitness LAND Classes

Summer 2 | July 19–August 21, 2021

All classes are non-competitive, promoting self-confidence and freedom of expression, and teaching students fun and healthy ways to stay active and well.



TAE KWON DO

Ages 6+ | Monday | 5:30-6:20 pm

Learn discipline, respect, self-confidence, and self-defense in Tae Kwon Do. Students will learn a variety of kicks, stances, and board breaking, plus terminology and information on the origin of this art. A uniform (gi) is not required, but can be worn. Open to all.

5-week session | 5 Mondays | \$35.00

ROYALTY DANCE CAMP

July 19th – July 23rd

Ages 4-7 | Monday–Friday | 8:00 am—noon

These little princesses and princes will be delighted to spend their mornings interacting with Coach Michelle learning to dance, doing crafts, coloring, enjoying a story time, and more dancing. Snacks will be provided (peanut free). Wear comfortable clothing, and dance or tennis shoes. Open to all genders.

1-week session | 5 days/20 hours total | \$125.00

DISNEY DANCE CAMP

July 26th – 30th

Ages 5-9 | Monday–Friday | 8:00 am—noon

Do your children love all things Disney? Then this is their opportunity to spend their mornings interacting with Coach Michelle learning to dance, doing crafts, coloring, enjoying a story time, and more dancing. Snacks will be provided (peanut free).

Wear comfortable clothing, and dance or tennis shoes.

Open to all genders.

1-week session | 5 days/20 hours total | \$125.00

DISNEY DESCENDANTS DANCE CAMP

August 2nd – August 6th

Ages 5-9 | Monday–Friday | 8:00 am—noon

Discover the important message in this popular Disney movie theme of valuing friendship, being part of a family, and making great choices. Children will spend the mornings interacting with Coach Michelle learning to dance, doing crafts, coloring, enjoying a story time, and more dancing. Snacks will be provided (peanut free).

Wear comfortable clothing, and dance or tennis shoes.

Open to all genders.

1-week session | 5 days/20 hours total | \$125.00