<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
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<tbody>
<tr>
<td>CLOSED</td>
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**Memorial Day**
Monday, May 31st

<table>
<thead>
<tr>
<th>Time</th>
<th>Subject</th>
<th>Ages</th>
<th>Instructor</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00-4:50 pm</td>
<td>TAP/JAZZ TECHNIQUE</td>
<td>7+</td>
<td>Coach Michelle</td>
<td>LaForce Room</td>
</tr>
<tr>
<td>4:00-4:50 pm</td>
<td>TAP/PRE-BALLET</td>
<td>3-6</td>
<td>Coach Michelle</td>
<td>Laird Room</td>
</tr>
<tr>
<td>4:00-4:50 pm</td>
<td>PRIVATE CLASS</td>
<td></td>
<td>Cathy H.</td>
<td>Laird Room</td>
</tr>
<tr>
<td>5:00-5:50 pm</td>
<td>PRIVATE CLASS</td>
<td></td>
<td>Coach Michelle</td>
<td>Cowles Gym</td>
</tr>
<tr>
<td>5:00-5:50 pm</td>
<td>BALLET/LYRICAL TECHNIQUE</td>
<td>7+</td>
<td>Coach Michelle</td>
<td>Laird Room</td>
</tr>
<tr>
<td>6:00-6:50 pm</td>
<td>TAE KWON DO</td>
<td>6+</td>
<td>Cathy H.</td>
<td>Laird Room</td>
</tr>
<tr>
<td>6:00-6:50 pm</td>
<td>DANCE STUDIO TECHNIQUE/PROGRESSIONS</td>
<td>7+</td>
<td>Coach Michelle</td>
<td>Laird Room</td>
</tr>
<tr>
<td>7:00-7:50 pm</td>
<td>DANCE COMBO/CHOREOGRAPHY</td>
<td>12+</td>
<td>Coach Michelle</td>
<td>Cowles Gym</td>
</tr>
<tr>
<td>7:00-7:50 pm</td>
<td>DANCE TEAM TECHNIQUE</td>
<td>12+</td>
<td>Coach Michelle</td>
<td>Laird Room</td>
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</tbody>
</table>

- Masks required, ages 5 and up, in all public areas of the building except while in the pool.
- Each class is offered one time per week.
- Spring 2 is an 8-week session. Due to Memorial Day, Monday classes will only meet seven times; class prices have been adjusted accordingly.
- To minimize distractions, observation of classes by parents and guests is not permitted.
- No make-up classes, credit, or refunds are given if a class is cancelled due to COVID-19, inclement weather, or if a child misses class.
- While we make every effort to schedule the same instructor each week, we reserve the right to substitute instructors as needed.
- Families who receive free or reduced school meals are eligible for a scholarship rate on any Youth Land Class.
TAE KWON DO  
Ages 6+  |  Monday  |  5:30 - 6:20 pm  
Learn discipline, respect, self-confidence, and self-defense in Tae Kwon Do. Students will learn a variety of kicks, stances, and board breaking, plus terminology and information on the origin of this art. A uniform (gi) is not required, but can be worn. Open to all.  
8-week session  |  (No class 5/31) 7 Mondays  |  $47.25

DANCE  
All dance classes are non-competitive, promoting self-confidence and freedom of expression, and teaching students fun and healthy ways to stay active and well.

TAP/JAZZ TECHNIQUE  |  Ages 7+  
Monday  |  4:00-4:50 pm  
Working and learning basic steps in the tap and jazz technique. We will be learning the skills while studying the famous choreographers and dancers in each genre. Jazz or ballet shoes and tap shoes are advised for this class, but dress shoes are an acceptable tap shoe substitute. Please do not wear tap shoes with bare feet. Clothing should be comfortable and easy to move in.  
8-week session  |  (No class 5/31) 7 Mondays  |  $47.25

DANCE COMBO/CHOREOGRAPHY  |  Ages 12+  
Monday  |  7:00-7:50 pm  
Do you like to just dance and learn combinations? How about creating your own dances? This is the class for you. Come and learn a new combo each week, and we will help you create your own dances.  
8-week session  |  8 Wednesdays  |  $54.00

TAP/PRE-BALLET  |  Ages 3-6  
Wednesday  |  4:00-4:50 pm  
Students learn rhythm, timing, and balance along with the basic tap steps. With ballet, students will learn basic positions and steps, posture, and terminology. Ballet and tap shoes are advised for this class, but dress shoes are an acceptable tap shoe substitute for the 3-6 age group. Please do not wear tap shoes with bare feet. Clothing should be comfortable and easy to move in.  
8-week session  |  8 Wednesdays  |  $54.00

BALLET/LYRICALTECHNIQUE  |  Ages 7+  
Wednesday  |  5:00-5:50 pm  
This class provides a skillset in working and learning basic steps in the ballet and lyrical technique. There will be a classical barre warm up, center work, and across the floor.  
8-week session  |  8 Wednesdays  |  $54.00

DANCE TEAM TECHNIQUE  |  Ages 12+  
Wednesday  |  7:00-7:50 pm  
This class works on stretching, strengthening, dance team techniques, and dance team skills. Keep your skills sharp during this time of limited access to schools and dance classes, so you are ready to go in the future.  
8-week session  |  8 Wednesdays  |  $54.00

DANCE STUDIO TECHNIQUE/PROGRESSIONS  |  Ages 7+  
Wednesday  |  6:00-6:50 pm  
Are you looking for the dance convention type class? We will be doing a warm up, progressions, and doing a new combo each week. We’ll also have a mock audition at the end to give you the feel of a real convention. Just think—all the “feels” while staying in the area.  
8-week session  |  8 Wednesdays  |  $54.00

DANCE COMBO/CHOREOGRAPHY  |  Ages 12+  
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TUMBLING  
INTRO TO TUMBLING  |  Ages 3-6  
Monday  |  6:00-6:50 pm  
This class provides children with the basic skills necessary to become good tumblers, combining cheerleading, dance, and gymnastics. Students will spend time on strength and tumbling drills and have some fun in the process. Comfortable athletic type wear is appropriate, and no special shoes are necessary for this class.  
8-week session  |  (No class 5/31) 7 Mondays  |  $47.25

TAE KWON DO  
Ages 6+  |  Monday  |  5:30-6:20 pm  
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Updated 03/15/2021