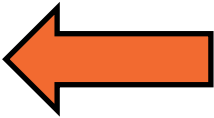




YOUTH LAND Classes

Fall Session | August 31–November 7, 2020 (10 weeks)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-4:50 pm POMS Ages 7+ Coach Michelle LaForce Room		4:00-4:50 pm TAP/PRE-BALLET Ages 3-6 Coach Michelle Laird Room			
5:00-5:50 pm HIP-HOP Ages 10+ Coach Michelle LaForce Room		5:00-5:50 pm TAP/JAZZ Ages 7-10 Coach Michelle Laird Room			Check out our new days and times for Dance and Tumbling classes!
5:30-6:20 pm TAE KWON DO AGES 6+ Cathy H. Laird Room					
6:00-6:50 pm INTRO TO TUMBLING Ages 3-6 Coach Michelle Cowles Gym		6:00-6:50 pm BALLET Ages 7-10 Coach Michelle Laird Room		Call 920-432-5581 to register for classes.	
7:00-7:50 pm INTRO TO TUMBLING Ages 7+ Coach Michelle Cowles Gym		7:00-7:50 pm HIP-HOP Ages 6-9 Coach Michelle Laird Room			

The YWCA will be closed Monday, September 7 in observance of Labor Day.

- Masks required, ages 5 and up, in all common areas of the building except while in the pool.
- Each class is offered one time per week.
- To minimize distractions, observation of classes by parents and guests is not permitted.
- No make-up classes, credit, or refunds are given if a class is cancelled due to COVID-19, inclement weather, or if a child misses class.
- While we make every effort to schedule the same instructor each week, we reserve the right to substitute instructors as needed.
- Families who receive free or reduced school meals are eligible for a scholarship rate on any Youth Land Class.



YWCA IS ON A MISSION

YOUTH LAND Classes

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DANCE

All dance classes are non-competitive, promoting self-confidence and freedom of expression, and teaching students fun and healthy ways to stay active. For all genders.

POMS | Ages 7+

Monday | 4:00-4:50 pm

Poms dance uses pom-poms while dancing. Students will also learn jumps and leaps. Ballet, jazz, or hip-hop shoes are recommended but not required. Sneakers are acceptable, but it may be difficult to perform some moves. Clothing should be comfortable and easy to move in.

10-week session | Monday | no class 9/7 | \$60.75

HIP-HOP |

Ages 10+ | Monday | 5:00-5:50 pm

Ages 6-9 | Wednesday | 7:00-7:50 pm

Hip-Hop dance refers to street dance styles primarily performed to hip-hop music. It includes a wide range of styles and was made popular in the 1970s. Shoes can be regular athletic sneakers, and clothing should be comfortable and easy to move in.

10-week session | Monday | no class 9/7 | \$60.75

10-week session | Wednesday | \$67.50

TAP/PRE-BALLET | Ages 3-6

Wednesday | 4:00-4:50 pm

Students learn rhythm, timing, and balance along with the basic tap steps. With ballet, students will learn basic positions and steps, posture, and terminology. Ballet and tap shoes are advised for this class, but dress shoes are an acceptable tap shoe substitute for the 3-6 age group. Please do not wear tap shoes with bare feet. Clothing should be comfortable and easy to move in.

10-week session | Wednesday | \$67.50

TAP/JAZZ | Ages 7-10

Wednesday | 5:00-5:50 pm

Tap dance helps students learn to hear rhythm, have timing, and achieve better balance with fun tap steps. Jazz dance uses fun, upbeat music that teaches students how to move to the rhythm of the music. Tap shoes are required for the tap portion of class. Please do not wear tap shoes with bare feet. Ballet or jazz shoes (not both) are required for the other dance styles. Clothing should be comfortable and easy to move in.

10-week session | Wednesday | \$67.50

BALLET | Ages 7-10

Wednesday | 6:00-6:50 pm

Ballet students will learn basic positions and steps, posture, and terminology in a fun non-competitive environment. Ballet or jazz shoes (not both) are required. Clothing should be comfortable and easy to move in.

10-week session | Wednesday | \$67.50

TUMBLING

INTRO TO TUMBLING |

Ages 3-6 | Monday | 6:00-6:50 pm

Ages 7+ | Monday | 7:00-7:50 pm

This class provides children with the basic skills necessary to become good tumblers, combining cheerleading, dance and gymnastics. Students will spend time on strength and tumbling drills and have some fun in the process. Comfortable athletic type wear is appropriate, and no special shoes are necessary for this class.

10-week session | Monday | no class 9/7 | \$60.75

10-week session | Monday | no class 9/7 | \$60.75



TAE KWON DO

Ages 6+ | Monday | 5:30-6:20 pm

Learn discipline, respect, self-confidence, and self-defense in Tae Kwon Do. Students will learn a variety of kicks, stances, and board breaking, plus terminology and information on the origin of this art. A uniform (gi) is not required, but can be worn. For all genders.

10-week session | Monday | no class 9/7 | \$60.75