

# SWIM LESSONS

Spring 1 | January 31—April 2, 2022



CLASS	DESCRIPTION	DAY	TIME	COST
<b>Parent Tot</b> newborn-3	Have fun in a warm water pool with your child or grandchild. Enjoy games and songs as your child becomes comfortable and relaxed in the water.	W	10:15-11:00 am	\$58.50
		W	6:15-7:00 pm	\$58.50
<b>Little Tots</b> ages 18-36 mos.	For non-swimmers without parents in the water. Half-hour class and 15-minute play. Toddlers learn to master simple water skills. Smaller class size.	M, T, TH	9:30-10:15 am	\$67.50
		M, W	10:15-11:00 am	\$67.50
		T, W, TH	11:00-11:45 am	\$67.50
		TH	4:00-4:45 pm	\$67.50
		T	4:45-5:30 pm	\$67.50
		M	6:15-7:00 pm	\$67.50
		W	7:00-7:45 pm	\$67.50
S	9:45-10:30 am	\$67.50		
<b>Water Tots</b> ages 3-5	For non-swimmers without parents in the water. Children will master proper floating, arm stroke, and basic front crawl.	W	9:30-10:15 am	\$78.75
		M, TH	10:15-11:00 am	\$78.75
		T, TH	11:00-11:45 am	\$78.75
		M, T, W	1:00-1:45 pm	\$78.75
		M	4:00-4:45 pm	\$78.75
		W	4:45-5:30 pm	\$78.75
		W	6:15-7:00 pm	\$78.75
		S	9:00-9:45 am	\$78.75
		S	11:15 am-12:00 pm	\$78.75
<b>Toddler 1</b> ages 3-5	Follow-up to Water Tots. Children learn back float, back swim, treading water, and side breathing while swimming.	M, T, TH	9:30-10:15 am	\$78.75
		T, W, TH	10:15-11:00 am	\$78.75
		M, W	11:00-11:45 am	\$78.75
		M, T, W	1:00-1:45 pm	\$78.75
		M	1:45-2:30 pm	\$78.75
		T, W	4:00-4:45 pm	\$78.75
		M, T, TH	6:15-7:00 pm	\$78.75
		S	9:00-9:45 am	\$78.75
		S	9:45-10:30 am	\$78.75
S	11:15 am-12:00 pm	\$78.75		
<b>Toddler 2</b> ages 3-5	Follow-up to Toddler 1. Children learn backstroke, elementary backstroke, side breathing, treading water, and endurance.	W	9:30-10:15 am	\$78.75
		T	10:15-11:00 am	\$78.75
		M	11:00-11:45 am	\$78.75
		W, TH	1:45-2:30 pm	\$78.75
<b>Advanced Toddler</b> ages 3-5	Follow-up to Toddler 2. Advanced skills include sidestroke, breaststroke, and introduction to butterfly.	T	1:45-2:30 pm	\$78.75

- All lessons are held once per week.
- Spring 1 is a 9-week session.
- No make-up classes, credits, or refunds are given if a class is cancelled due to inclement weather, COVID, or if your child misses a class.
- While the YWCA Greater Green Bay makes every effort to schedule the same instructor each week, we reserve the right to substitute instructors as needed.
- Face covering required, age 5 and older, in all common areas except while in the pool.

CLASS	DESCRIPTION	DAY	TIME	COST
<b>Beginner 1</b> ages 5+	For the non-swimmer. Introduction to floating, front crawl, back swimming, side breathing, and deep-water adjustment. The Beginner 1 class is equivalent to the Toddler 1 class.	M	4:00-4:45 pm	\$78.75
		T, W	4:45-5:30 pm	\$78.75
		W	6:15-7:00 pm	\$78.75
		M	7:00-7:45 pm	\$78.75
		S	9:00-9:45 am	\$78.75
		S	9:45-10:30 am	\$78.75
<b>Beginner 2</b> ages 5+	Follow-up to Beginner 1 and Toddler 1. Children will learn backstroke, elementary backstroke, side breathing, treading water, and endurance. Beginner 2 is the equivalent to Toddler 2.	W, TH	4:00-4:45 pm	\$78.75
		T, TH	6:15-7:00 pm	\$78.75
		W	7:00-7:45 pm	\$78.75
		S	9:00-9:45 am	\$78.75
		S	9:45-10:30 am	\$78.75
		S	11:15 am-12:00 pm	\$78.75
<b>Advanced Beginner</b> ages 5+	Follow-up to Beginner 2 and Toddler 2. Perfect side breathing, backstroke, and the elementary backstroke. Sidestroke and endurance-building are introduced.	T	4:00-4:45 pm	\$78.75
		M, TH	4:45-5:30 pm	\$78.75
		M	7:00-7:45 pm	\$78.75
		S	10:30-11:15 am	\$78.75
<b>Intermediates &amp; Swimmers</b> ages 5+	Must have completed Advanced Beginner or Advanced Toddler. Learn breaststroke and butterfly while perfecting previous strokes and gaining strength and endurance skills.	M, TH	4:45-5:30 pm	\$78.75
		T, TH	7:00-7:45 pm	\$78.75
		S	10:30-11:15 am	\$78.75
<b>YWCA Pre-Swim Team</b>	For swimmers interested in learning and maintaining competitive skills such as racing starts, turns, relays, butterfly, and endurance.	T, TH	7:00-7:45 pm	\$78.75
<b>Home School Lessons</b>	Learn to swim with other Home School children. Stay to enjoy Open Swim after the lesson at no charge.	M, T, W, TH	1:45-2:30 pm	\$78.75
<b>Private Swim Lessons</b>	Private lessons will be scheduled during Adult or Open Swim hours or during swim lessons. To request private lessons, call 432-5581.		Scheduled with instructor based on availability.	\$30.00 30 minutes \$45.00 45 minutes \$60.00 60 minutes

Updated 12/29/2021

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**YWCA IS ON A MISSION**

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