

## Swimming Lessons / Lap/Adult Swim / Open Swim

# LAP POOL SCHEDULE

Fall Session: August 30 – November 6, 2021

There are no lessons on Saturday, September 4 and Monday, September 6, 2021 in observance of Labor Day Weekend.  
To maintain social distance and capacity limits, online registration is required for lap/adult/open swim:

<https://www.signupgenius.com/go/904054DA8AC2CABFA7-ywca2>

*Face covering required in all common areas except while in the pool.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00-8:30 am ADULT/LAP SWIM	5:00-8:30 am ADULT/LAP SWIM	5:00-8:30 am ADULT/LAP SWIM	5:00-8:30 am ADULT/LAP SWIM	5:00-9:30 am ADULT/LAP SWIM	7:00-9:00 am ADULT/LAP SWIM
8:30-9:30 am Deep Water Aerobics	8:45-9:30 am Child Care Lessons	8:30-9:30 am Deep Water Aerobics	8:45-9:30 am Child Care Lessons		9:00-9:45 am Water Tots Toddler 1 Beginner 1 & 2
9:30-10:15 am Little Tots Toddler 1	9:30-10:15 am Little Tots Toddler 1	9:30-10:15 am Water Tots Toddler 2	9:30-10:15 am Little Tots Toddler 1	9:30-11:45 am OPEN SWIM	9:45-10:30 am Little Tots Toddler 1 Beginner 1 & 2
10:15-11:00 am Little Tots Water Tots	10:15-11:00 am Toddler 1 Toddler 2	10:15-11:00 am Little Tots Toddler 1 <i>*Parent Tot in Exercise Pool*</i>	10:15-11:00 am Water Tots Toddler 1		10:30-11:15 am Advanced Beginner Interm. & Swimmers
11:00-11:45 am Toddler 1 Toddler 2	11:00-11:45 am Little Tots Water Tots	11:00-11:45 am Little Tots Toddler 1	11:00-11:45 am Little Tots Water Tots		11:15 am-12:00 pm Water Tots Toddler 1 Beginner 1 & 2
11:45 am-1:00 pm ADULT/LAP SWIM	11:45 am-1:00 pm ADULT/LAP SWIM	11:45 am-1:00 pm ADULT/LAP SWIM	11:45 am-1:00 pm ADULT/LAP SWIM	11:45 am-1:00 pm ADULT/LAP SWIM	12:00-12:45 pm ADULT/LAP SWIM <b>Pool Closes 12:45 pm</b>
1:00-1:45 pm Water Tots Toddler 1	1:00-1:45 pm Water Tots Toddler 1	1:00-1:45 pm Water Tots Toddler 1	1:00-1:45 pm Child Care Lessons	1:00-5:00 pm OPEN SWIM	
1:45-2:30 pm Toddler 1 Home School	1:45-2:30 pm Advanced Toddler Home School	1:45-2:30 pm Toddler 2 Home School	1:45-2:30 pm Toddler 2 Home School		
2:30-4:00 pm OPEN SWIM	2:30-4:00 pm OPEN SWIM	2:30-4:00 pm OPEN SWIM	2:30-4:00 pm OPEN SWIM	3:30-4:15 pm School-Age Care Play Swim	
4:00-4:45 pm Water Tots Beginner 1	4:00-4:45 pm Toddler 1 Advanced Beginner	4:00-4:45 pm Toddler 1 Beginner 2	4:00-4:45 pm Little Tots Beginner 2		
4:45-5:30 pm Advanced Beginner Interm. & Swimmers	4:45-5:30 pm Little Tots Beginner 1	4:45-5:30 pm Water Tots Beginner 1	4:45-5:30 pm Advanced Beginner Interm. & Swimmers		5:00-5:45 pm ADULT/LAP SWIM
5:30-6:15 pm ADULT/LAP SWIM	5:30-6:15 pm ADULT SWIM Deep Water Aerobics	5:30-6:15 pm ADULT/LAP SWIM	5:30-6:15 pm ADULT SWIM Deep Water Aerobics	<b>Pool Closes at 5:45 pm</b>	
6:15-7:00 pm Little Tots Toddler 1	6:15-7:00 pm Toddler 1 Beginner 2	6:15-7:00 pm Water Tots Beginner 1 <i>*Parent Tot in Exercise Pool*</i>	6:15-7:00 pm Toddler 1 Beginner 2		
7:00-7:45 pm Beginner 1 Adv. Beginner	7:00-7:45 pm Interm. & Swimmers Pre-Swim Team	7:00-7:45 pm Little Tots Beginner 2	7:00-7:45 pm Interm. & Swimmers Pre-Swim Team		

Updated 8/9/2021