Birthdays
Kris Neveau | February 12
Victoria Watzka | February 21
Scarlett Novoselatz | March 1
Allison Susnik | March 2
Collin Gaie | March 2
Blanca Theimer | March 2
Rebecca Bookter | March 9
Rachel Stumpf | March 11
Gretchen Swadley | March 12
Christine Williquette | March 15
Kayla, Dorff | March 23
Carrie Korinek | March 23
Jennifer Paske | March 31

On the Shoulders of Giants
WE STAND ON THE SHOULDERS OF GIANTS AT THE YWCA! These giants are women and girls in our community who have overcome great odds to thrive despite glass ceilings, equity gaps in pay and assaults against our beautiful femininity. In late January, I had an opportunity to gather with several of these women from the broader Green Bay community. I was reminded that when women gather and share their stories, a marvelous synergy erupts making unlikely connections that bring about real opportunity for growth and healing. We are creating spaces like that at the YWCA. Please stop in and watch us bring the community together, see and applaud each other. It’s great time to be affiliated with the YWCA.

Fondly,
Renita, CEO

Anniversaries
Jane Roy | 34 years
Teri DeGrand | 29 years
Melissa Beaumont | 19 years
Carrie Korinek | 9 years
Carol Bolen | 8 years
Heidi Gillis | 4 years
Kris Neveau | 3 years
Jamie Matczak | 3 years
Lashawnda McCarty | 1 year
Jasmine Gordon | 1 year
Kelly Walters | 1 year

2019 Women of Vision Luncheon
This year’s luncheon promises to be an uplifting event as we reminisce about the impact of the YWCA within our community for the past 100 years. We invite you to encourage the special women in your life to come enjoy laughter and great fun as we celebrate women helping women. Our goal is to make this the best attended WOV luncheon ever!
"Dedications of the Day" is a longstanding tradition of the Women of Vision Luncheon. This tradition of surprise has honored distinguished area women chosen by their peers as true Women of Vision! The suggested donation is $200 and all nominations are due by May 1st. For more information, visit www.ywcagreenbay.org/events/2019-women-of-vision-luncheon/
2019 YWCA Women’s Empowerment Conference

Topic: All it Takes is One

SAVE THE DATE: Friday, October 18, 2019 | 7:30 a.m.- 4 p.m.

The YWCA Greater Green Bay invites you to SUBMIT A PROPOSAL to present at our upcoming Empowerment Conference!

Do you have an inspirational story of one woman who changed a family, community or organization? Do you do research related to issues having an impact on women and girls? If you answered yes to any of these questions, our conference may be a place for you to expand your reach and resume. Please submit a proposal for a workshop or consider being a panelist on a variety of topics related to building community capacity and empowering women and girls in Northeast WI to do the same. Contact Monica at 920-432-5581 ext. 135 or msteinbrecher@ywcagreenbay.org and add “Women’s Empowerment Conference 2019 Proposal” to your subject line. We hope to see you soon.

Women’s Empowerment Center
Outfitting Women for Success

Winter Workshop Series with Dr. Ashley Anne

- You Do You: How Being Yourself Keeps You Well | Sat., April 6 | 8-12 p.m.
- Tier 3: Heal You, Heal Two: The Art and Science of Healing Your Community | Sat., June 15 | 8-12 p.m.

Visit our website at www.ywcagreenbay.org for more information and/or to register for these exciting upcoming workshops!

Madison Street Boutique Flash Sale!!

THIS WEEK ONLY: All dresses suggested donation of $3 starting Tuesday, March 12 through closing time on Thursday, March 14. Boutique hours of operation are Tuesdays | 1 - 4 pm, Wednesdays | 2 - 5 pm and Thursdays | 3 - 6 pm. COMING APRIL 6: Two-year Anniversary Sale with suggested donations of $2 on all clearance items.

YWCA Child Care

TechGYRLS® Camp

TechGYRLS® Camp is a FREE event for Green Bay girls in 3rd-4th grades. During this camp, we will be learning about the Earth, ecosystems and the environment through hands-on group activities. For questions, contact Tonie Bear at tbear@ywcagreenbay.org or 920-432-5581 ext. 114

YWCA Camp Downtown

Make your child’s summer unforgettable!

MARK YOUR CALENDARS...YWCA Camp Open House Thur., May 30 | 5:30-7p.m.

Sign up for the YWCA’s popular summer school program for kids ages 5-12. Camp Downtown programs are state-licensed and include fun, age-appropriate activities that turn those long summer days into new adventures. Camp Hours of Operation:
Campaign of the Century

In March, we are celebrating women-owned businesses for Women’s History Month. Help support women as we help them to pursue their dreams! Please consider a special donation to support the future of the YWCA during our Campaign of the Century. Find the focus that inspires your giving on our website and send in a gift or donate online!

Health and Fitness

The YWCA Fitness Center is a great place to get a fast workout in before or after work or even over your lunchtime. We have OVER 60 CLASSES on land or water that are included free of charge with your full membership. Our Spring Two Group Fitness Schedule will start April 8th. NEW CLASSES INCLUDE: Having A Ball, Move It or Lose It, Functional Mobility and Move & Groove. We are on a mission to reach YOU!!

February Follow-up

Thanks to all of our community members who participated in our past events. We’ve been super busy...Look at what’s happening since our last Insider addition:

- **Family Nights** | FEB: Black History Month and MAR: Dr. Seuss’ Birthday Celebration
- **Stand Against Racism/Courageous Conversations** | JAN: Oneida Nation and FEB: Date with Othering
- **Diversity and Inclusion Mini-Conference** | co-sponsored by Schreiber’s African American Dairy Professionals; SPIRET Presentation St Ann’s Episciple Church “Green Bay: Tools for a Culturally Responsive Community”

A few quotes from our events:

- “We are so grateful for these family nights. Our kids love coming to the YWCA. Thank you for putting these on.” - Family Night Participant
- “Thank you for the eye-opening and inspirational event”  
  - Robyn Gruner-Director, External Affairs AT&T Wisconsin
- “We look forward to expanding our partnership with the YWCA.”  
  - Jenai Gray-Schreiber Foods, African-American Dairy Professionals Co-Lead
- “This presentation was excellent. This is exactly what we need in Green Bay. Thank you very much!”  
  - SPIRET Presentation Participant

ON THE HORIZON...

- **Thu., Mar. 21** | Myofascial Release Workshop | 12 - 1 p.m.
- **Wed., Mar. 27** | Stand Against Racism: Puerto Rico | 12 - 1 p.m.
- **Fri., Mar. 29** | Youth Recital | 6 - 8 p.m.
- **Fri., Apr. 5** | Family Night: Spring Bash—Kids Matter | 6-8 p.m.
- **Mondays | April 8-May 13** | Living Well | 1-3:30 p.m.
- **Sat., Apr. 13** | Family Services: Child Abuse Prevention/Sexual Assault Awareness | 10-11:30 a.m.
- **Wed., Apr., 24** | Stand Against Racism: Sexual Assault Awareness | 12-1 p.m.

Visit or website at www.ywcagreenbay.org for more information on these exciting upcoming events!