Swimming at the YWCA

POOLS: 2 Pools – Both are always 88 degrees

- <u>Exercise Pool:</u> maximum depth 4 ½ feet; whirlpool; kids play area is 2 ½ feet deep with fountains; resistance jets for water walking; ramp entry option
- <u>Lap Pool:</u> maximum depth 10 feet; up to four 25-yard swimming lanes for lap swim; observation area; separate hot tub / whirlpool

• 3 types of swim options

o **Open Swim:** all ages welcome

o **Adult Swim:** adults only

o **Lap Swim:** teens/adults, swimming lanes available

- Locker Rooms: Family; Women & Children; Women Only; Men Only
- To maintain social distance and capacity limits, online registration is required for lap/adult/open swim: https://www.signupgenius.com/go/904054DA8AC2CABFA7-ywca2
- Face covering required in all common areas except while in the pool.

Fall 2020 YWCA Pool Schedule August 31 – November 7, 2020 The YWCA Greater Green Bay is closed on Labor Day, Monday, September 7.							
				DAY	TIME	TYPE	POOL
				Monday	5:00 am - 8:30 am	Adult Swim / Lap Swim	Lap Pool
Monday	11:45 am - 1:00 pm	Adult Swim / Lap Swim	Lap Pool				
Monday	2:30 pm - 4:00 pm	OPEN SWIM	Lap Pool				
Monday	5:30 pm – 6:15 pm	Adult Swim / Lap Swim	Lap Pool				
Tuesday	5:00 am - 8:30 am	Adult Swim / Lap Swim	Lap Pool				
Tuesday	11:45 am - 1:00 pm	Adult Swim / Lap Swim	Lap Pool				
Tuesday	2:30 pm - 4:00 pm	OPEN SWIM	Lap Pool				
Tuesday	5:30 pm – 6:15 pm	Adult Swim	Lap Pool				
Wednesday	5:00 am - 8:30 am	Adult Swim / Lap Swim	Lap Pool				
Wednesday	11:45 am - 1:00 pm	Adult Swim / Lap Swim	Lap Pool				
Wednesday	2:30 pm - 4:00 pm	OPEN SWIM	Lap Pool				
Wednesday	5:30 pm – 6:15 pm	Adult Swim / Lap Swim	Lap Pool				
Thursday	5:00 am - 8:30 am	Adult Swim / Lap Swim	Lap Pool				
Thursday	11:45 am - 1:00 pm	Adult Swim / Lap Swim	Lap Pool				
Thursday	2:30 pm - 4:00 pm	OPEN SWIM	Lap Pool				
Thursday	5:30 pm – 6:15 pm	Adult Swim	Lap Pool				
Friday	5:00 am – 9:30 am	Adult Swim / Lap Swim	Lap Pool				
Friday	9:30 am - 11:45 am	OPEN SWIM	Lap Pool				
Friday	11:45 am – 1:00 pm	Adult Swim / Lap Swim	Lap Pool				
Friday	1:00 pm - 5:00 pm	OPEN SWIM	Lap Pool				
Friday	5:00 pm – 5:45 pm	Adult Swim / Lap Swim	Lap Pool				
Saturday	7:00 am – 9:00 am	Adult Swim / Lap Swim	Lap Pool				
Saturday	12:00 pm – 12:45 pm	Adult Swim / Lap Swim	Lap Pool				

GENERAL PUBLIC WELCOME. MEMBERSHIP NOT REQUIRED.

Rates: Family \$10.00, Youth \$2.50, Adult \$8.00, FREE for YWCA Members

8/19/2020

